



ODYSSEY
Charter School

Athletics - Team Rules

Involvement

- Involvement in interscholastic athletics at Odyssey is a privilege and not a right.
- Whether or not you realize it, playing sports at Odyssey holds you to a higher standard of behavior and stronger work ethic.
- You are a role model, especially for the younger students at the school. **NEVER FORGET THIS FACT!**
- Support your school and be a positive representative.
- Support your team and teammates.

Participation and Attitude

- Follow the directions of your coaches and team captains as long what's being asked of you is not illegal, immoral, or unethical.
- Constructive criticism may be offered, but avoid name calling and making fun of other players.
- An inappropriate word may slip in the heat of the moment, but avoid profanity and foul language.
- Problems with other players should be addressed to the captains and coaches.

Attendance

- Be ready to practice. Have all necessary equipment with you. We do not have a lot of time and we have a lot to do. Don't waste the team's time with poor behavior or being unprepared.
- If you have to miss practice, make sure you notify the coach ahead of time. Players missing two or more practices or games due to unexcused absences will be subject to probation or dismissal from the team at the coach's discretion.
- If you decide to not come to school on the day of a practice or game, you cannot practice that day and you will not play in any game held that day. There are exceptions made if you are on a school-related trip or have pre-approved medical appointments. However, if you are too sick to come to school, you are too sick to play.
- Parents should be at the practice or game location at the time designated by the coach. Parents should be waiting on students, not students waiting on parents.
- Players should be signed out by parents prior to departing from the practice or game location.

Behavior

- Students incurring a level 4 offense will be ineligible to play in interscholastic competition and subject to possible dismissal from the team, pending results of a discipline tribunal.
- Students incurring a level 3 offense will not start the next game. Depending upon the severity of the offense, the coach may choose to install additional penalties including ineligibility for a game or number of games.
- The athletic/discipline point system in the handbook is in effect for this year.
- Students receiving detention and/or ISS may receive practice punishments.
- Play fair, but play hard and with determination at all times.
- Conduct yourself as a positive representative of Odyssey School, both on and off the field (especially during away games).
- Failure to follow team rules and/or the directions of the coaches or captains may result in punishments from removal from practice to practice punishments to suspension from the team.
- Practice punishments may include sprints, additional timed runs, and other physical activities.